



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore –560 019.

Website: apscollegeofartsandscience.com Email: apscollegeofartsscience@gmail.com

Best Practice 1

1. **Title of the Practice:** Health checkup for the students and faculty
2. The main objective of this best practice is to raise awareness about sound mind in a sound body. Students are emphasized mainly on wellbeing, its impact on their studies and also about need of regular health checkup at regular intervals. Girl students concerning their teenage problems were given personal guidance and found to be benefited.
3. **The context:** Students undergo various health related issues which need personal diagnosis. Students especially from weak economic background are initially hesitant to discuss their personal health related issues which hinders their mental and academic growth and also thorough decision making and overall promotion.
4. **The Practice:** Health checkup for students a unique practice initiated by the college proved to be more beneficial for the students and faculty. Large number of students were thoroughly checked by doctors and had a one-to-one discussion regarding personal issues related to girl students. Students seemed to be quite cheerful and proved to be healthy thereafter. They were now seen to progress academically and also their increased participation in extracurricular activities proved more beneficial. Students were seen progressing in higher education through enrollment in PG courses.
5. **Evidence of Success:** Evidence of success of the practice include cheerfulness, healthy, improved attendance, academic progress, participation in co-curricular and extracurricular activities. The students were found completely relaxed.
6. **Problems encountered and resource required:** Some students were hesitant to openly discuss their personal health related issues. To overcome this, counselling through senior staff was adopted and this move was encouraging especially as girl students openly discussed their health-related issues.
College has collaborated with NGOs and voluntary organizations in organizing the health checkup, who voluntarily accepted arranged health checkup camps including expert medical professionals from well-known hospitals.
7. **Notes:** This unique best practice adopted in our institution can also be practiced by other educational institutions of Higher Education in building a strong and healthy India.

Beefe

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Acharya Pathasala College of Arts and Science

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Annual Report of the Health Club as Best Practice.

As an IQAC initiative the Health Club of YRC unit of APS Collage of Arts and Science in association with Lions Club of Bengaluru Pride, Karnataka Cancer Society held Health Check-up camp on 11-01-2023.

Healthy body and healthy mind play an important role in the overall academic and personality development of students. So give an awareness and make the girl students practice it, IQAC has adopted this measure.

Dr.Medha Medini, MBBS, CARI (Central Ayurveda Research Institute) Central Council for Research in Ayurvedic Science, Ministry of AYUSH and Govt. of India addressed the students and highlighted the importance of keeping and maintaining good health and the role of Ayurveda and its medicines.

Dr.Nagamani, President Lion Club of Bengaluru pride appreciated the initiative by the Principal and the college and the long term benefits this practice.

Dr.RekhaRajendra Kumar, MBBS, MRCOG(1) delivered an informative talk on breast and cervical cancer and urged the students to be alert and inturn keep the health of women of the family as well.

This was followed by health check-up of students in the Health Counter. Over 300 students and staff underwent health check-up. Health and Eye check-up camp for all students was organized on 12th July 2023 by Health Club, YRC in association with Bengaluru Spandana, Rotary, Fortis Hospital, Milan Fertility Centre and Shekhar Eye Hospital. Community members were also involved in the Health and Eye Check-up. General Health Check-up was done by the Fortis Hospital. Shekhar Eye Hospital conducted Eye Check-up for all. Milaan Fertility centre held an awareness session for girls especially regarding maintaining menstrual hygiene.

Many students were found to be underweight and having low HB count. Doctors from Fortis Hospital advised basic remedies and take follow up action by visiting the hospitals where free medical advices will be provided. Some students and staff had vision related issues, the doctors requested them to visit hospital for further treatment and it would be provide free.

Over 200 students and 50 staff and outsiders underwent health and eye check-up. This unique practice has helped in raising awareness among students about good health and its role in their academic performance.


30/8/23
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Meeting No-5

A Meeting of the Health Club Committee is convened today 10.07.2023 at principal chamber at 3.00pm to discuss the following agenda.

Agenda: To Organize health check up ^{and} for Eye check up for students and staff.

Members Present.

1. Dr. B. Jayashree - Principal
2. Divya.p - Convenor
3. Ashwini.R - Member
4. Ragesh.H.k - Member

Divya P.
Penn

Divya.p Convenor of Health club welcomed the Principal and other Committee members. Principal Dr. B. Jayashree remained that health check-up needs to be followed up, and also to arrange eye check-up for students & staff, madam instructed to organize a health check up program.

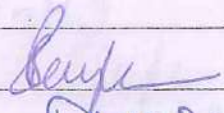
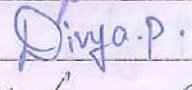
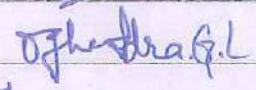
Under the guidance of principal, members agreed to organize the Health check up and Eye check up for students & staff on 12-07-2023 at 10.30 am in our college.

Meeting No-4.

A Meeting of the Health Club Committee is Convened today 20th December 2022 at Principal Chamber at 10.30 am. to discuss following agenda.

Agenda: To Organize health check up for girl Students and A Awareness programme On preventive measures On Breast and Cervical Cancer.

Members Present.

- | | | | |
|----|------------------|--------------|---|
| 1. | Dr. B. Jayashree | - Principal. |  |
| 2. | Divya.P | - Convenor. |  |
| 3. | Sona Bai | - Member. |  |
| 4. | Ashwini.R | - Member. |  |
| 5. | Dr. Raghavendra | - Member. |  |
| 6. | Ragesh.H.K | - Member. |  |

Divya.P Convenor of Health club welcomed the Principal and other Committee members. Principal Dr. B. Jayashree remained that health check up needs to be followed up madam instructed to organize a health check up programme.

Under the guidance of Principal, members agreed to organize the Health Check up for girl Students on 11th January 2023 at 10.30 am in Our College.



Acharya Pathasala College of Arts & Science
Narasimharaja Colony, Bangalore -560 019.

Dr.B.JAYASHREE, M.Sc., M.Phil.,Ph.D.,,

Principal -I/c

No. APS/A&S /566/2022-2023

Date :20.12.2022

Circular

A meeting of the Health Club Committee is convened today, 20th Dec 2022 in Principal chamber at 3 pm. All the Health Club Committee members are requested to attend.

Agenda: To organize health check up for Girl Students

Divya P
(DIVYA P)
Convenor

Beef 20/12/22
Principal
Principal
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.

Committee Members

1. Sona bai
2. Ashwini R
3. Dr.Raghavendra
4. Ragesh H K

Beef
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Dr.B.Jayashree M.Sc., M.Phil., Ph.D.
I/C Principal

No. APSAS / 594 / 2022-2023

Dated: 09 -01-2023

Circular

Health Club and Youth Red Cross Unit (YRC) has organized **Health Check Up, Cancer detection camp and Cancer Awareness talk** to girl students on **11.01.2023 at 10:30 am.**

All girl students are hereby informed to undergo Health checkup and cancer detection at health centre and to attend the Awareness talk at new seminar hall without fail.

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Health Check Up for Girls and Awareness Program

Date: 11. 01.2023

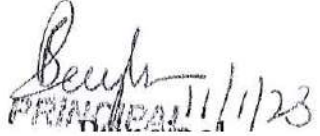
Time: 11:00 am

01.	Anchoring	Sumera, 3 rd Year B.Sc., Student
02.	Welcome	Sri. Sunil Kumar K, YRC Program Officer and HOD of Mathematics
03.	Inauguration by Watering the Plant	By all Dignitaries
04.	Introductory Note	Dr. B. Jayashree, Principal, APSAS
05.	Address by Doctor's	
06.	Presidential Address	Sri. A.R. Acharya, General Secretary, APSET
07.	Health Check Up Inauguration	By all dignitaries

Awareness Session

01.	Anchoring	Sri. Hareesha. M. C, HOD of Kannada and NSS Program Officer
02.	Invocation	
03.	Welcome	Shruthi. B, Asst. Professor, Dept. of Economics
04.	Inauguration by Watering the Plant	By all Dignitaries
05.	Resource Person Introduction	Dr. Raghavendra G L, Physical Education Director
06.	Awareness Presentation	Dr. Rekha Rajendra Kumar, MBBS
07.	Felicitation	By all Dignitaries
08.	Presidential Address	Dr. B. Jayashree, Principal, APSAS
09.	Vote of Thanks	Sri. Kantharaju. H, Asst. Prof. Dept. of History


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11/1/23



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**An IQAC Initiative
Health Center & YRC**

In association with

**Lions Club of Bangalore Pride and
Karnataka Cancer Society
organise**

**HEALTH CHECK-UP FOR GIRL STUDENTS
and
Awareness Programme
on**

Preventive Measures on Breast and Cervical Cancer

By



Dr. Rekha Rajendrakumar

**MBBS; MD; DNB; FICOG;
FICMCH; PGDMLE; MRCOG(1)**

In the Presence of

Prof. K.P. Narasimha Murthy

President, APS Educational Trust

Sri. A.R. Acharya

General Secretary, APSET

Sri A. Muralidhara

Chairman, Governing Council, APSAS

Sri. B.A. Anantharam

Chairman, KCS

Sri. H.V. Suresh

President, KCS

Sri. K.C. Neelakanta

Hon. Secretary, KCS

Lion. Dr. Nagamani

President, LCB Pride

On Wednesday the 11th January 2023 at 11.00 am

Venue : New Seminar Hall

Smt. Divya. P

Convener, Health Club

Sri. Sunilkumar. K

Convener, YRC

Dr. B. Jayashree

Principal

All Girl Students & Ladies Staff are Cordially Invited


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Karnataka Cancer Society (Regd)

Karnataka Societies Act Regd No. : S105 / 68-69

#1308, 11th B Cross, Vyalikaval, Malleswaram, Bengaluru - 560003

Ph: 080-23448534 ; Mob: 7019036529, Email: kcs2008@rediffmail.com ; Website: karnatakacancersociety.org

President

Mr. H.V.Suresh

Ph: 9886417272

IMM Past President

Dr. C.K.A.N. Sastry

Vice Presidents

Dr. Trupthi Kulkarni

Mrs. Madhura Ashok Kumar

Mr. M.N.Gundu Rao

Secretary

Mr. K.C. Neelakanta

Ph: 9480164024

Joint Secretaries

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Mr. P. Unnikrishnan Nair

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Mr. B. Venkatesh

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Dr. Albert David C.

Mr. H.R. Ramaprasad

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Mr. K.V. Bhaskar Murthy

Mr. G.V. Srikanth

Mr. Veerappa K.

Mr. G. Somashekhar

Mr. C. Shyamsundar

Mr. Ganesh Krishnamurthy

Internal Auditor

Mr. A.A.Gupta

KCS/AT-36/2022-23

Date:

5/01/2023

To,

The Principal,

APS ARTS & SCIENCE COLLEGE

BASAVANAGUDI, B'LORE-4.

Dear Sir/Madam,

Sub: Cancer Awareness talks to Students.

Karnataka Cancer Society (KCS) is a NGO started in the year 1968 by a group of philanthropists and eminent doctors solely to render service to humanity in the field of Cancer, and celebrated Golden Jubilee recently to render service to humanity in the field of cancer detection, prevention and awareness to the public. We have Completed 54 years of service to mankind in the field of Cancer detection and celebrated Golden Jubilee recently.

To enhance awareness and Improve Early Detection of Cancer, we have been conducting Awareness Talks and Cancer Detection Camps (Cervical, Breast and Oral) in various places all over Bangalore and other parts of Karnataka.

In line with our Commitment to spread awareness, we request you to help us organise a talk by our eminent doctor team to your students, Family Members and Teaching Staff of Your College on a Mutually Convenient date.

We look forward for a minimum hospitality to be provided for our doctors & supporting team. A line of Confirmation from your end will be highly appreciated.

Please feel free to call us for any query/clarifications.

Thanks and Regards

Yours Sincerely

For Karnataka Cancer Society®

Mr.K.C.Neelakanta

Hon. Secretary

Ph: 9480164024

Mr. K N Shivaprakash
Programme Co Ordinator
Ph: 9844133081

To
Convener
Health checkup
8/1/23

Cancer is curable

if

detected early

APS COLLEGE OF ARTS AND SCIENCE

REPORT ON HEALTH CLUB

Acharya Pathasala College of Arts and Science Organized Health Check up Camp for girl students and awareness programme on preventive measures on breast and cervical cancer as an initiative of IQAC, Health center and YRC in association with Lions club of Bangalore Pride, Karnataka Cancer Society on 11-01-2023, Wednesday.

The health checkup programme started at 10.30 am at Narmada bai auditorium. The programme was anchored by Ms Sumera, of final year BSc, and Mr Sunilkumar, HOD, Dept of Mathematics, Convenor, YRC welcomed all the dignitaries. AR Acharya, General Secretary, APSET and the dignitaries inaugurated the program by watering the plant. Principal Dr B Jayashree gave an introductory talk and highlighted the benefits of health check up conducted in our college every semester especially for girl students, as few students had low Hb count. This has helped students, as they could take remedial medicines. Madam advised girls to maintain healthy life style and get routine health check up done.

Dr Medha Medini, MBBS, CARI (Central Ayurveda Research Institute) Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India addressed the gathering starting with Sanskrit proverb and expressed her opinion about being healthy and importance of Ayurvedic medicines in maintaining health. Lion

Dr Nagamani, President LCB Pride spoke about women's health and benefits of health check up camps as these.

AR Acharya General Secretary, APSET gave presidential speech and said those who have good practice of eating nutritious food will have no diseases. Sir advised to take preventive measures to stay healthy.

This was followed by health check up for girl students in the college health centre. girl students registered their names in the registration forms, and underwent health and cancer checkup. Those suffering from anemia, physical weakness, and low Hb count were given free medicines.

In the afternoon session at 12:30 p.m. a Presentation on awareness of preventive measures of breast and cervical cancer was held. The program was anchored by Mr Hareesha MC HOD, Department of Kannada. The program began with invocation by Mrs Bhageerathi, HOD Department of music. All the dignitaries and gathering were welcomed by Ms Shruti.B faculty, Department of Economics. The dignitaries inaugurated the program by watering the plant.

Dr Raghavendra, Physical Education Director introduced the resource person Dr Rekha Rajendra Kumar, MBBS MD, DNM, FICOG, FICMCH, PGDMLE, MRCOG(1). The resource


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person Dr Rekha Rajendra Kumar delivered a talk on breast cancer and cervical cancer, and said that breast cancer is a hereditary disease, and not infectious and can be due to psychological mind set also. Appearance of any lump or pain in the breast should be observed and she advised to visit doctor without hesitation and also informed about mammogram the best X-Ray test to detect the early signs of cancer and advised not to go for self treatment.

Doctor gave basic information about cervical cancer and said it causes at cervix, a lower narrow part of the uterus. Healthy Cells get infected by virus and she explained the difference between normal and cancer tumor, and about symptoms of cervical cancer, and also about different stages. If detected in early stages it can be prevented and cured. To prevent cervical cancer vaccination is recommended for all adolescents as a part of their routine vaccines and concluded by mentioning few precautionary measures and in the interactive session Dr. Rekha Rajendra Kumar clarified the queries of staff and students

Dr Rekha Rajendra Kumar was honored by our Principal Dr B. Jayashree. The whole team of Lions Club of Bangalore Pride honored our Principal Dr. B Jayashree for her initiative and support in organizing this program. Principal thanked Lions Club of Bangalore Pride and Karnataka Cancer Society team for their kind corporation in organizing the health checkup camp successfully. Madam complimented conveners of Health Club and YRC Unit, Staff, and volunteers for their support and students for their enthusiastic participation. The program concluded by rendering of vote of thanks by Mr Kantharaj, HOD, Department of History. About 100 girl students and lady staff member of college underwent health checkup and also attended the programme. *A positive feedback was received.*

[Signature] 13/1/2023
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Health Checkup & Awareness Programme Photos

On 11th January 2023



ವಿಶ್ವವಾಕ್ಯ DT-14.1.2023

ಆರೋಗ್ಯ ತಪಾಸಣೆ, ಸ್ವನ-ಗರ್ಭಕಂಠದ ಕ್ಯಾನ್ಸರ್ ಕುರಿತು ಜಾಗೃತಿ



ಪೆಂಗಳೂರು
ಆಹಾರ್ಯ ವಾಶ ಪಾಶಾ ಕಲೆ ಮತ್ತು ವಿದ್ಯಾ ಕಾಲೇಜಿನ ವ್ಯಾಪ್ತಿ, ಆರೋಗ್ಯ ಕೇಂದ್ರ ಮತ್ತು ವೈಆರ್‌ಸಿ ವತಿಯಿಂದ 'ಲಯನ್ಸ್ ಕ್ಲಬ್ ಆಫ್ ಬೆಂಗಳೂರು ಪ್ರೈಡ್' ಕರ್ನಾಟಕ ಕ್ಯಾನ್ಸರ್ ಸೊಸೈಟಿಯ ಸಹಯೋಗದೊಂದಿಗೆ "ವಿದ್ಯಾರ್ಥಿನಿಯರ ಆರೋಗ್ಯ ತಪಾಸಣೆ ಹಾಗೂ ಸ್ವನ ಮತ್ತು ಗರ್ಭಕಂಠದ ಕ್ಯಾನ್ಸರ್ ತಡೆಗಟ್ಟುವ ಕ್ರಮಗಳು" ಎಂಬ ಟೀಕಿಕ್ ಅಡಿಯಲ್ಲಿ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮವನ್ನು ನಡೆಸಲಾಯಿತು.

ಸುಮಾರು 100ಕ್ಕೂ ಹೆಚ್ಚು ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಬಿ.ಪಿ. ಶುಗರ್, ಹಿಪೋಗ್ಲೋಸಿನ್ ಪ್ರಮಾಣ ತಪಾಸಣೆ ಮಾಡಿ, ಅಯುಜ್ ಸಟವಾಲಯದ ಆಯುರ್ವೇದ ಸಂಶೋಧನಾ ಸಂಸ್ಥೆಯಿಂದ ಡಾ|| ಮೇಧ ಮೇಧಿನಿ ಅವರು ತಮ್ಮ ತಂದೆದೊಂದಿಗೆ ಪಾಲ್ಗೊಂಡು ಅವಶ್ಯವಿರುವ ಔಷಧೋಪಚಾರವನ್ನು ಉಚಿತವಾಗಿ ನೀಡಿದರು. ಇವರೊಂದಿಗೆ ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ವಿಶೇಷ ಉಪನ್ಯಾಸ ನೀಡಲು ಡಾ|| ರೇಖಾ ರಾಜೇಂದ್ರ ಕುಮಾರ್ ಅವರು ಆಗಮಿಸಿ ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಈ ಅಧುನಿಕ ಜೀವನದಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಸ್ವನ ಮತ್ತು

ಸಂವಹನ ನಡೆಸುವ ಮೂಲಕ ಪರಿಹಾರ ಕಂಡುಕೊಳ್ಳಬೇಕೆಂದು ಧೈರ್ಯ ತುಂಬಿದರು. ಕೃತಿವರ್ಷದ ಹೆಣ್ಣು ಮಕ್ಕಳ ಆರೋಗ್ಯದ ಬಗೆಗೆ ಸಂಸ್ಥೆಯು ಕೈಗೊಳ್ಳುತ್ತಿರುವ ಜಾಗೃತಿಯ ಹೆಜ್ಜೆಗಳ ಬಗ್ಗೆ ಮಾತನಾಡಿ ಈ ಹೊತ್ತಿನ ಬದುಕಿನಲ್ಲಿ ಸ್ತ್ರೀಯರು ಮುಕ್ತವಾಗಿ ಪಂಡಿತರೊಳಗಾಗದ ರೋಗಗಳಲ್ಲಿ ಸ್ವನ ಕ್ಯಾನ್ಸರ್ ಸಹ ಒಂದಾಗಿದೆ. ಹಾಗಾಗಿ ದೇಣು ಮಕ್ಕಳು ಮುನ್ನೆಚ್ಚರಿಕೆಯನ್ನು ವಹಿಸಬೇಕು ಎಂದು ತಿಳಿಸಿದರು. ಹಾಗೆಯೇ ಪೂರ್ವದಲ್ಲಿಯೇ ಔಷಧಿಗಳನ್ನು ತೆಗೆದುಕೊಳ್ಳುವ ಮೂಲಕ ಈ ರೋಗವನ್ನು ನಿವಾರಿಸಲೇ

ಮಾಡಬೇಕೆಂದು ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಕಲಿಸಿಟ್ಟರು. ಇಲ್ಲಿ ಪದವಿಪಾಠ್ಯ ಜಾಗೃತಿಯ ಕ್ರಮಗಳನ್ನು ನಿಮ್ಮ ಕುಟುಂಬದ ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ ತಿಳಿಸಿಕೊಡಬೇಕೆಂದರು. ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಎಪಿಎಸ್ ಶಿಕ್ಷಣ ದತ್ತರು ಪ್ರೊ. ಕೆ.ಪಿ. ನರಸಿಂಹ ಮೂರ್ತಿ ಅಧ್ಯಕ್ಷರು, ಎ.ಆರ್. ಆಹಾರ್ಯ, ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿ, ಎ. ಮರುಳೇಧರ್ ಬೇರನ್ ಗರ್ವೆಂಟ್ ಕೌನ್ಸಿಲ್, ಮತ್ತು ಲಯನ್ಸ್ ಕ್ಲಬ್‌ನ ಲಯನ್ ಡಾ|| ನಾಗಮಣಿ ಟಿ.ಆರ್. ಅಧ್ಯಕ್ಷರು ಇವರು ಉಪಸ್ಥಿತರಿದ್ದರು.

ಗರ್ಭಕಂಠದ ಕ್ಯಾನ್ಸರ್ ಕಾಲೇಜಿನಲ್ಲಿ ಇದಕ್ಕೆ ಮಾದರೀಕಾರದ ಮುನ್ನೆಚ್ಚರಿಕೆ ಕ್ರಮಗಳ ಬಗ್ಗೆ ತಿಳಿಸಿಕೊಟ್ಟರು. ಹಾಗೆಯೇ ಈ ಕ್ಯಾನ್ಸರ್ ರೂಪುತಾಳುವ ಪಂಚಗಳನ್ನು ತಿಳಿಸಿ ಹದಿಹರಿಯದ ಹೆಣ್ಣು ಮಕ್ಕಳು ಹೇಗೆ ಮುಂಜಾಗೃತ ಕ್ರಮಗಳನ್ನು ಕೈಗೊಳ್ಳಬೇಕು ಎಂದು ತಿಳಿಸಿಕೊಟ್ಟರು. ಕ್ಯಾನ್ಸರ್ ಅನ್ನುವುದು ಮಹಾಮಾರಿ ರೋಗವೇನು ಅಲ್ಲ, ಭಯಭೀತರಾಗುವ ಅವಶ್ಯಕತೆಯೂ ಇಲ್ಲ, ಬಂದದ ಸಹ ಹೇಗೆ ನಿವಾರಿಸಿಕೊಳ್ಳಬೇಕು, ಇದೊಂದು ಪಿಡುಗು ಸಹ ಅಲ್ಲ, ಬಂದಂತಹ ಮಹಿಳೆಯರನ್ನು ಅಸ್ವತಾ ಭಾವಿಸದೆ

ಅವರೊಂದಿಗೆ ಸಹಪರ್ವಿಯಾಗಿ ಮರ್ಪಿ ಧೈರ್ಯ ತುಂಬಬೇಕೆಂದು ಅತ್ಯಂತ ತುಂಬಿದರು. ತಡೆಗಟ್ಟುವ ಕ್ರಮಗಳು, ಲಸಿಕ್ ತಪಾಸಣೆ, ಸ್ವಯಂ ಪರೀಕ್ಷೆ ಇತ್ಯಾದಿಗಳ ಅರಿವು ಮೂಡಿಸಿದರು. ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಬಿ. ಬಯತ್ರೆ ಅವರು ವಿದ್ಯಾರ್ಥಿನಿಯರನ್ನು ಉದ್ದೇಶಿಸಿ ಮತ್ತು ಕಾರ್ಯಕ್ರಮದ ಮೌಲ್ಯವನ್ನು ತಿಳಿಸಿ ವಿದ್ಯಾರ್ಥಿನಿಯರು ತಮ್ಮ ಯೋಗ್ಯತೆಯ ಬಗ್ಗೆ ಮುಕ್ತವಾಗಿ, ಧೈರ್ಯವಾಗಿ ತಮ್ಮ ಯಾವುದೇ ಬಗೆಯ ಸಮಸ್ಯೆಗಳನ್ನು ಅಳುಕಿಲ್ಲದೆ ವೈದ್ಯರೊಂದಿಗೆ ಮತ್ತು ಪೋಷಕರೊಂದಿಗೆ



APS College of Arts & Science
N.R. Colony, Bangalore-560 019.

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Student Attendance List

Name of the programme : Awareness programme on preventive
Measures of breast and cervical Cancer

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
1	Manasa.K	I st Sem BCA	Manasa
2.	Kathyayini. L	I st Sem BA	Kathyayini
3.	Anusha. M.N	I Sem BCA	Anusha
4.	Ruchitha.G	I st Sem BCA	Ruchitha
5.	Sandya. V	I st Sem BCA	Sandya.V
6.	Lakshmi. T	I st Sem BCA	Lakshmi.T
7.	Meghashree. R	I st Sem BCA	Meghashree.R
8.	Meghana. A	I Sem BCA	Megha
9.	Reethiba. R	I Sem BCA	Reethiba
10.	Shwetha.N	I st Sem BA	Shwetha.N
11.	Saniya Saba	III sem BSc	Saniya
12.	Sonu.R	III sem BSc	Sonu.R
13.	VASUNTRA.P	III sem BSc	Vasuntra.P
14.	Wiana.K	III sem BSc	Wiana.K
15.	Sushela	IV Sem DSC	Sushela
16.	Nalini.G	III sem MA	Nalini.G
17.	Priya. P.	III sem MA	Priya
18.	Poojamma M	III sem MA	Poojamma
19.	Soundarya	IV sem MA	Soundarya
20.	Thareen Taj	IV sem MA	Thareen
21.	Chaitra MR	III Year BSc	Chaitra
22.	Suchithra S	III Year BSc	Suchithra
23.	Sushmitha	III year BSc	Sushmitha
24.	Meghana. G	I st BA (E.P)	Meghana
25.	Meghana. P.S	I st BA (E.P)	Meghana
26.	Aristha.J	I st BA (E.P)	Aristha
27.	Priya.K	I st MA	Priya.K
28.	Pooja.C	I st MA	Pooja

Sl. No.	Name of the Student	Course	Signature
29.	Poojima .M	I st sem, BCA	Poojima.M
30.	Nidhi -S	1 st sem,BI	Nidhi-S
31	Roopaa.K	1 ^M Sem BCA	Roopaa
32	Pallavi.A	1 ^M SemBCA	A.P
33	Pranathi Betageri	1 ^M Sem BC A	Pranathi
34	Tanya.H	1 ^M Sem BCA	Tanya
35	Preethi.R	III SEM BSC [CB]	Preethi
36	Vinnygarai.A	III Sem Bsc[CB]	A.Vini
37.	Sukanya.D.J	III SemBSc[C.B]	Sukanya.D.J
38.	Jyothika.G	V SemBCA	Jyothika
39.	Tejaswini.M	V sem BCA	Tejaswini M
40.	Varshani.K.V	II sem BCA	V
41.	Rakshitha	III year BA/BEd	Rakshithe
42	Ranjitha	III year BSc(Pcm)	Ranje
43	Ashweeni Hotte	IV Year B.Sc(PCm)	A.S. Hotti
44.	Pooja.R	III year BSc(pcm)	PR
45	Sandhya.Cz	III year BSc(CBZ)	sandhyar-
46	Dhanusha.R	III year BSc(CBZ)	Dhanusha
47	Kruthika	III year I Sem(BE)	Kruthika
48	KOUSALYA	III yr Isem (BE)	Kousalya
49	Soundarya.A	III year, V Sem (BD)	deby
50	SindhuH	III year BA	Sindhut
51	Dalaghayivi.IR	III year III sem Ba	dy
52	Saurikha Kumari-B	III rd Year Ist sem	BK
53	Ananthia.k.	III sem BCA	A-shanti k
54	Chandana.B.M.	III Sem BCA	chandana
55	Sushmitha.B.T	III Sem BCA	Sugumtha B-T
56	Shravya.N	III Sem BcA	shravya N
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Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Student Feed Back

Name of the programme : Awareness programme on preventive
Measures of breast and cervical Cancer

Date: 11.01.2023

Sl. No.	Name of the Student	Feed Back	Signature
1	Manasa.K	Good	Manasa
2.	Kaathyayini. L	Nice	Kaathyayini
3.	Anusha. M.N	Good	Anusha
4.	Ruchitha. G	Good	Ruchitha. G.
5.	Sandya. Y	Good	Sandya. Y
6.	Lakshmi. T	Nice	Lakshmi. T
7.	Meghashree. R	Good	Meghashree. R
8.	Meghana. A	Informative & helpful	Megha
9.	Prathiba. R	It was very	Prathiba. R
10.	Shwetha. N	useful	Shwetha. N
11.	Saniya Saba	very Good	Saniya
12.	Sonu. R	Nice	Sonu. R
13.	VASUNDRA. P	very useful	Vasundhara. P
14.	Wiana. K	useful	Wiana. K
15.	Sushma.	Good	Sushma
16.	Nalini. G.	Good	Nalini. G.
17.	Priya. P.	Good	Priya
18.	Poojamma. M	useful	Poojamma
19.	Soundarya	Good	Soundarya
20.	Tareen Taj	Good	Tareen
21.	Chaitra M R	Good	Chaitra
22.	Suchithra S	Good	Suchithra
23.	Sushmitha S	Good	Sushmitha
24.	Meghana. G	Nice	Meghana
25.	Meghana. P.S	Good	Meghana
26.	Anisha. J	v. Good	Anisha
27.	Pallavi. A	Informative	Pallavi

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Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Student Attendance List

Name of the programme : Awareness programme on preventive
Measures of breast and cervical Cancer

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
1.	Pinki kumari - R	BA (SE-PSY)	Pinki kumari - R
2.	Nishwarya - S	BA (1 st Sem Psy.S)	Nishwarya - S
3.	Shafiya Kousar	BA (1 st Sem Psys)	Shafiya Kousar
4.	Rashika - N	BA (1 st Sem psy.s)	Rashika - N
5.	Shivaranjini - P	BAC (1 st Sem (m. psy))	Shivaranjini - P
6.	Jannayee - N	BAC (1 st Sem [Psy.S])	Jannayee - N
7.	Sandhya - V	B.A [3 rd Sem] H.K	Sandhya - V
8.	Jayashree - R	B.A [3 rd Sem] 3.PSY	Jayashree - R
9.	Hemavathi - R	B.A [3 rd Sem] H.K	Hemavathi - R
10.	Santhana Lakshmi - K	B.A [3 rd Sem] H.K	Santhana Lakshmi - K
11.	Nehakwasa - P	BAC (3 rd Sem) H.K	Nehakwasa - P
12.	Pooja - V	BA (I year) (H.K)	Pooja - V
13.	Niveditha - M	BA (I year) (H.K)	Niveditha - M
14.	Nirosha - G	BA (I year) (H.K)	Nirosha - G
15.	Dhanalakshmi - N	BA (I year) (H.K)	Dhanalakshmi - N
16.	Varantha Bai - G.R	BA (I year) (H.P)	Varantha Bai - G.R
17.	Sowbhagya - D	BA (I sem year) (H.P)	Sowbhagya - D
18.	Anusha - G	BA I Sem (H.K)	Anusha - G
19.	Ashwini - G	BA I Sem (Psy.S)	Ashwini - G
20.	Sanitha - S	BA I Sem (H.K)	Sanitha - S
21.	Aishwarya - G	BA I sem (H.K)	Aishwarya - G
22.	Annapoorna - L	BAC I Sem (H.K)	Annapoorna - L
23.	Priya - N	BCA I Sem	Priya - N
24.	Dhanushree - P.K	"	Dhanushree - P.K
25.	Prakruthi - P	"	Prakruthi - P
26.	Sanyasa - N.J	"	Sanyasa - N.J
27.	Rochitha - D	"	Rochitha - D
28.	Amrutha - K	BCA III Sem	Amrutha - K

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Student Feed Back

Name of the programme : Awareness programme on preventive
Measures of breast and cervical Cancer

Date: 11.01.2023

Sl. No.	Name of the Student	Feed Back	Signature
1.	Pinki kumar R	Nice	Pinki kumar R
2.	Nishwarya S	Nice	Nishu
3.	Shajiya Kousar	Nice programme	Sh
4.	Rashika N	Good program	Rashika
5.	Shivaranjini P	helping	Sh
6.	Tanmayee N	Needful information	Tanmayee
7.	Sandhya V	Good	Sandhya
8.	Jayashree R	Nice	Jayashree
9.	Hemavathi R	Good	Hemavathi
10.	Santhana Lakshmi K	Good	Santhana Lakshmi K
11.	Shalini N	Good	Shalini
12.	Sharada T	Good	Sharada
13.	Symathi - R	Good	Symathi
14.	Neha Kawsar P	Good	Neha Kawsar P
15.	Dhondalashmi N	Needful information	Dhondalashmi
16.	Niveditha M	Needful information	Niveditha
17.	Pooja V	Needful information	Pooja
18.	Nirosha G	Needful information	Nirosha
19.	Ashwini S	Good	Ashwini
20.	Anusha G	Nice	Anusha
21.	Soubhagya D	Nice	Soubhagya
22.	Vasanth Bai C R	good	Vasanth Bai C R
23.	Annapoorna L	good	Annapoorna L
24.	Nishwarya G	good	Nishwarya G
25.	Sunitha S	good	Sunitha S
26.	Rochitha D	Good	Rochitha D
27.	Sanjana N J	Useful	Sanjana N J
28.	Dhanushree P K	Useful	Dhanushree P K

Narasimharaja Colony, Bangalore -560 019.

Attendance List

Date: 11.01.2023

Office

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Narasimharaja Colony, Bangalore -560 019.

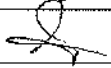
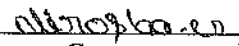
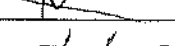
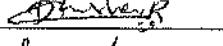
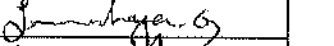
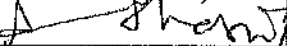
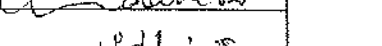
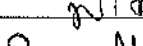
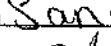
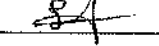
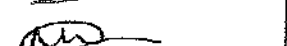
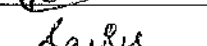
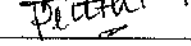
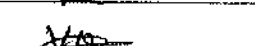
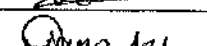
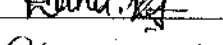
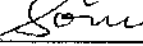
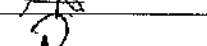
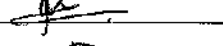
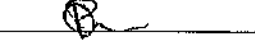
Health Check up for Girl Students

Attendance List

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
1	Tejagwini	III rd B.A 5 th sem	
2	Saathakumari B	III rd BA 5 th sem	
3	Sindhu-H-	III B.A 5 th sem	Sindhu-H
4	Soundarya. A	IV BA 5 th sem	Soundarya
5	Dhanalakshmi D.B	III B.S. 5 th sem	
6	Sumra M.C	IV B.Sc. 5 th sem	
7	Geetha. M	IV BA HEK	
8	Renuka. B	III BA HEK	
9	Dhanesh. Dh	IV BA HEK	
10	Soundarya. S	II MA	
11	Tharini. Th	II MA	
12	Poonima. M	"	
13	Pavithra	I st B.A	
14	Harshitha. C	II year B.A	Harshitha. C
15	Mythraj	II year B.A	Mythraj
16	Kavyashree. C	II year B.A	Kavyashree. C
17	Geetha. C	II year B.A	Geetha. C
18	Varantia. P.R	II year B.A	Varantia. P.R
19	Shandy Thomas	II year B.A	
20	Vinodha. M	II year B.A	
21	Neeraja. R	II year B.A	
22	Neha. R	II year B.A	
23	Snaha. B	II year B.A	Snaha. B
24	Indhu Shree. N	II year B.A	Indhu
25	Harshitha. R	" "	Harshitha
26	Manjula. T	" "	Manjula
27	Yashika.	" "	Yashika
28	Bhavya N. Prasad	" "	Bhavya N. Prasad

Sl. No.	Name of the Student	Course	Signature
29	Sandhya. V	B.A [H.K]	
30	Hemavathi. R	B.A [H.K]	
31	Nithya. R	B.A II year (HK)	
32	Dhanalakshmi. N	BA II year (HK)	
33	Jayashree. R	BA II year (spsy)	
34	Pooja. V	BA II year (H.K)	
35	Niveditha. M	B.A II year (H.K)	
36	Dhanusha. R	BSc III year (BZ)	
37	Sandhya. G	BSc III year (BZ)	
38	Amritha. K	B.A II sem	
39	Chandana. B.M	B.A II sem	
40	Nidhi. S	B.A I sem year	
41	Santhana. lakshmi. K	B.A III sem (H.K)	
42	Sumathi. R	BA III year (BZ)	
43	Devi. Shyama. L	B.A III sem II year (BZ)	
44	Neha. Kalisai. P	B.A III sem (H.K)	
45	Saniya. Saba	BSc III sem (BZ)	
46	Sukanya. D.J	BSc III Sem (BZ)	
47	Vinny. Jayanti. A	BSc III Sem (BZ)	
48	Preeti. R	BSc III Sem (BZ)	
49	Kathya. L	BA I yr I sem	
50	Varantha Bai. C.R	BA I year I sem	
51	Diana. K	BSc I yr I sem	
52	Shwetha. N	B.A I yr I sem	
53	VASUNDRA. P	B.Sc II sem	
54	Sonu. R	B.Sc III sem	
55	Nalini. G	MA II sem	
56	Pooja. P.	MA 2nd Year	
57	Pooja. K.	MA I st Year	
58	Pooja	MA I st Year	
59	Aishwarya. B	HK I st year	
60	Suchithra. S.	II Year B.Sc	
61	Sushmitha. S	III Year B.Sc	
62	Chaitra. M.R	III Year B.Sc	
63	Sushela. Bai	III year B.Sc	

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

Attendance List

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
64	Suglmitha B.T	II nd BCA 3 rd sem	Suglmitha B.T
65	M. Muskan	III rd BSc 5 th sem	M. Muskan
66	KOUSALYA	III rd BSC (CBZ) V	Kousalya
67	KRUTHIKA H.R	III rd BSC (CBZ) V	Kruthika
68	Pinki Kumari - R	III rd D. A (S.B. Bg) V	Pinki Kumari R
69	Shivarajini . R	2 nd BA (M. Psy)	Shi
70	Rashika . N	II nd BA (S. Psy)	Rashika N
71	Tanmayee . N	I st BA (S. Psy)	Tanmayee N
72	Aishwarya . S	I st BA (S. Psy)	Aishu
73	Shajiya Kousar	I st BA (S. Psy)	Shajiya
74	Lakshmi . T	I st BCA	Lakshmi T
75	Pallavi . A	I st sem BCA	Pallavi A
76	Roopa . K	I st sem BCA	Roopa K
77	Pooja . M	I st sem BCA	Pooja M
78	Manasa . K	I st sem BCA	Manasa
79	Ruchitha . A	I st sem BCA	Ruchitha A
80	Sandya . R	I st sem BCA	Sandya R
81	Bathya . P	II nd year BA	Bathya P
82	Hemalatha . H	III rd year BA	Hemalatha H
83	Bhavana . T	III rd year BA	Bhavana T
84	Harshitha . M	II nd year BSc	Harshitha M

Signature 11/1/23
PRINCIPAL

APS College of Arts & Science
N.R. Colony, Bangalore-560 019

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

Feed Back

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Feed Back	Signature
1.	Sindhu.H.	Useful	Sindhu.H.
2.	Soundarya .A	Useful	Sil.
3.	Tyagwini	Good	Ty.
4.	Thanalakshmi	helpful	Tha.
5.	Sumra MC	helpful	Sum.
6.	Renuka .B	useful	Renu.
7.	Saathi .N	useful	Sa.
8.	Thara Vaj	helpful.	Vaj
9.	Shanisha	Nice v.v.	Sh.
10.	Kavyashree .C	Good	K.
11.	Gowthami .C	useful	Gowthami .C
12.	Pooja .M	Good	P.
13.	Soundarya .	"	Soundarya
14.	Thara Vaj	"	Thara Vaj
15.	Haritha .S	Useful	Haritha .S
16.	Saithakumari -B	v. good	Sa.
17.	Mythri .J	useful	Mythri .J
18.	Nelke .R	v. good	Nelke .R
19.	Nelke .R	v. good	Nelke .R
20.	Vasanthi .P.R	v. Good	Vasanthi .P.R
21.	Sushree's Staff	V. Good	Sushree
22.	Vinutha .M	useful	Vinutha .M
23.	Suma .p. office.	Good	Suma .p
24.	Padmarathi	Good	Padmarathi
25.	Shravya N	Good	Shravya N
26.	Manjula .T	Good	Manjula .T
27.	Indushree .N	useful	Indushree .N
28.	Sneha .B	useful	Sneha .B

PRINCIPAL

APS College of Arts & Science
N.R. Colony, Bangalore-560 019.

Sl. No.	Name of the Student	Feed Back	Signature
29	Yashavika.G	Good	Yashavika.G
30	Shandy Thomas	Good	Shandy
31	Suglmittha B.T	NICE	Suglmittha B.T
32	Harshitha.R	Good	Harshitha.R
33	M. Muskan	Excellent	M. Muskan
34	Shruthi.S.M. (Coffa)	well done	Shruthi.S.M.
35	KOUSAYA	Help full.	Kousaya
36	V. Ranganna OTT	Good	V. Ranganna
37	Shivaranjini.P	Helping.	Shivaranjini.P
38	Pinki kumar.R	wonderful	Pinki kumar.R
39	Vasanthan (Staff)	Good	Vasanthan
40	Shajiya Kousari	Benificial	Shajiya Kousari
41	Aishwarya.S	wonderful	Aishwarya.S
42	Rashika.N	very helpful	Rashika.N
43	Kaushika R. R	good	Kaushika R. R
44	Tannayee.N	Helpful	Tannayee.N
45	Roopa (N. Staff)	Good	Roopa
46	Nirosha.en	Nice	Nirosha.en
47	Hemavathi.P.R.	Nice	Hemavathi.P.R.
48	Jayashree.R	Help full	Jayashree.R
49	Pooja.V	Help full	Pooja.V
50	Niveditha.M	Help full	Niveditha.M
51	Sanalhya.V	Help full	Sanalhya.V
52	Amrutha	Good	Amrutha
53	Rakshitha	good	Rakshitha
54	Dhanalakshmi.N	good	Dhanalakshmi.N
55	Dhanusha.R	good and helpful	Dhanusha.R
56	Nidhi.S	Very. Good	Nidhi.S
57	Chandana.B.M.	Good	Chandana
58	Sanalhya.G	Very Useful	Sanalhya.G
59	Preethi.R	Good	Preethi.R
60	Santhana Lakshmi.R	Good	Santhana Lakshmi.R
61	Dakshayini.R	good	Dakshayini.R
62	Shwetha.N	good	Shwetha.N
63	Neha Kawsar.p	good	Neha Kawsar.p

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

Attendance List

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
64	Suglmita B.T	III rd BCA 3 rd sem	Suglmita B.T
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66	KOUSALYA	III rd BSC (CBZ) V	Kousalya
67	KRUTHIKA H.R	III rd BSC (CBZ) V	Kruthika
68	Pinki kumar - R	III rd D. A (SE PG) V	Pinki kumar R
69	Shivarajini . S	2 nd BA (M. Psy)	Shi
70	Pashika . N	II nd BA (S. Psy)	Pashika . N
71	Tanmayee . N	I st BA (S, Psy)	Tanmayee . N
72	Dishwarya . S	I st BACS (Psy)	Dishwarya . S
73	Shafiya Kousar	I st BA (S. Psy)	Shafiya Kousar
74	Lakshmi . T	I st BCA	Lakshmi . T
75	Pallavi . S	I st sem BCA	Pallavi . S
76	Roopa . K	I st sem BCA	Roopa . K
77	Poojima . M	I st sem BCA	Poojima . M
78	Manasa . S	I st sem BCA	Manasa . S
79	Ruchitha . G	I st sem BCA	Ruchitha . G
80	Sandya . V	I st sem BCA	Sandya . V
81	Bathya . P	II nd year BA	Bathya . P
82	Hemalatha . S	II nd year BA	Hemalatha . S
83	Bhavani . T	III rd year BA	Bhavani . T
84	Harshitha . M	III rd year BSc	Harshitha . M

Principal
11/1/23
APS College of Arts & Science
N.R. Colony, Bangalore-560 019

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Feed Back

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Feed Back Course	Signature
64	Sumathi.R	Good	St
65	Sukanya.D.T	Very good	Sukanya.D.T
66	Saniya Saba	Very good	Saniya
67	Yinnygarani.A	Ne	A.Vini
68	Diana.K	Useful	Diana.K
69	VASUNDRA.P	Useful	Vasundara.P
70	Sonu.P	Useful	Sonu.P
71	Vasantha Bai G.R	very good	Vasantha Bai
72	Kayethiyon?	Excellent	Kay
73	Priya.K.	Useful	Priya
74	Rama.E	very good	Rama
75	Tanya.P.	Excellent	Tanya
76	Nalini.G.	Good	Nalini.G.
77	Aishwarya.G	Good	Aishwarya
78	Suchithra.S.	Good	Suchithra
79	sushmitha.S	Good	sushmitha.S
80	Chaitra M.R	Very good	Chaitra M.R
81	Sushela Bai	very good	Sushela
82	Sathya	very good	Sathya
83	Roopa.K	Good	Roopa
84	Tallavi.A	Good	Tallavi
85	Manasa.K	Good	Manasa
86	Ruchitha.G	Good	Ruchitha.G
87	Poojima.M	Good	Poojima.M
88	Hemalatha	very good	Hemalatha
90	Bhavana.T	Excellent	Bhavana
91	Harshitha.M	well/breaded	Harshitha



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Website: apsartsandscience.org Email: apscollegeofartsscience@gmail.com

Dr. B. Jayashree, MSc. M.Phil., Ph.D.,
PRINCIPAL

APSC A/S No. / **593A** /2022-2023

Date **09-01-2023**

To,
Sri. H.V. Suresh
President, Karnataka Cancer Society,
Bangalore.

Respected Sir,

Sub: - Request to arrange a doctor to give a talk on Awareness
Programme on Preventive Measures on Breast and Cervical
Cancer.

We would like to organize An Awareness Programme on Preventive Measures on
Breast and Cervical Cancer in our college on 11-01-2023 at 11.30 am at New
Seminar Hall. Hence, I request you to arrange an expert doctor to give a talk on the
above-mentioned subject.

Thanking you,

Yours faithfully


PRINCIPAL
APSC College of Arts & Science
N.R. Colony, Bangalore-560 019.



Telephone: 080-26603192

Acharya Pathasala College of Arts & Science
Narasimharaja Colony, Bangalore -560 019.

Website: apsartsandscience.org Email: apscollegeofartsscience@gmail.com

Dr. B. Jayashree, MSc., M.Phil., Ph.D.,
PRINCIPAL

APSC A/S No. / **593A** /2022-2023

Date **09-01-2023.**

To,
Lion Dr. Nagamani
President, LCB Pride,
Bangalore.

Respected Madam,

Sub: - Request to depute a Lady Doctor to conduct Health Check
up for Girl students - reg.

We would like to organize a health check-up for girl students of our
college on 11-01-2023 at 10.30 am as part of Health Club activity. Hence, I request
you to depute a lady doctor along with her team to do the needful.

Thanking you,

Yours faithfully


PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore –560 019.

Website: apsartsandscience.org Email: apscollegeofartsscience@gmail.com

Dr. B. Jayashree, MSc. M.Phil., Ph.D.,

PRINCIPAL

APSC A/S No./ **599A** /2022-2023

Date 13-01-2023

To,
Sri. H.V. Suresh
President, Karnataka Cancer Society,
Bangalore.

Thanking Letter

On behalf of the Management and A.P.S. College of Arts and Science, we express our heartfelt appreciation and thanks for arranging a doctor to give a Special talk on Preventive Measures on Breast and Cervical Cancer on 11-01-2023 at 11.30 am in our college.

Talk was excellent, highly informative and immensely well received by the students and staff.

With warm regards,


Principal

PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.



Acharya Pathasala College of Arts & Science
Narasimharaja Colony, Bangalore –560 019.

Website:apsartsandscience.org Email:apscollegeofartsscience@gmail.com

Dr. B. Jayashree, MSc. M.Phil., Ph.D.,

PRINCIPAL

APSC A/S No./ **599A** /2022-2023

Date 13-01-2023

To,
Lion Dr. Nagamani
President, LCB Pride,
Bangalore.

Thanking Letter

On behalf of the Management and A.P.S. College of Arts and Science, we express our heartfelt appreciation and thanks for deputing a doctor and team for conducting Health Checkup for girl students.

With warm regards,

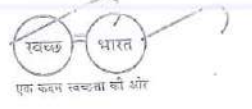
Principal

PRINCIPAL

APS College of Arts & Science
N.R. Colony, Bangalore-560 019.



ಭಾರತ ಸರ್ಕಾರ ಭಾರತ ಸರ್ಕಾರ Govt. of India



ಪ್ರಾದೇಶಿಕ ಆಯುರ್ವೇದ ಚಯಾಪಚಯ ರೋಗಗಳ ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ, ಬೆಂಗಳೂರು
ಕೇಂದ್ರೀಯ ಆಯುರ್ವಿಜ್ಞಾನ ಚಯಾಪಚಯ ವಿಕಾರ ಅನುಸಂಧಾನ ಸಂಸ್ಥಾನ, ಬೆಂಗಳೂರು

REGIONAL AYURVEDA RESEARCH INSTITUTE FOR METABOLIC DISORDERS, BENGALURU
(Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India)

ವೈದ್ಯಕೀಯ ಸಂಶೋಧನಾ ಘಟಕ ಮತ್ತು ಆಸ್ಪತ್ರೆ - ನೈದಾನಿಕ ಅನುಸಂಧಾನ ಇಕಾರ್ಡ್ ಎಂ ಅಸ್ಪತ್ರೆ - CLINICAL RESEARCH UNIT & HOSPITAL

ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / ಬಾಹ್ಯ ರುಗುಣ ಕ್ರಮಾಂಕ / OPD Case Sheet

ಬಾಹ್ಯ ರುಗುಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11 Jan 23

ನಾಮ / Name : Vasantha

Date of Birth:

Sex M / F - Age 19y

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried

ಪತಾ / Address

ಫೋನ್ / Phone No

ಧರ್ಮ / Religion

ವ್ಯವಸಾಯ / Occupation

ಶಿಕ್ಷಣ / Education

ವಾರ್ಷಿಕ ಆದಾಯ / Income

ವ್ಯಾಧಿ ವಿನಿಶ್ಚಯ / Diagnosis

ಪರಿಣಾಮ / Result

ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ಚಿಕಿತ್ಸಾ Treatment	ಟಿಪ್ಪಣಿ Remarks
	clo unsatisfied motion. B- Watery, takes longtime S- Good M- Regular A- Good	① Anipattikasa. Churna tablet (AIF) 0-0-1 ② A. V vati (AIF) 1-0-1 x15 days	Shale

Signature
PRINCIPAL
APs College of Ayurvedic Science
N.R. Colony, Bangalore-560 019



ಭಾರತ ಸರ್ಕಾರ ಭಾರತ ಸರ್ಕಾರ Govt. of India



ಪ್ರಾದೇಶಿಕ ಆಯುರ್ವೇದ ಚಯಾಪಚಯ ರೋಗಗಳ ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ, ಬೆಂಗಳೂರು
ಕ್ಷೇತ್ರೀಯ ಆಯುರ್ವಿಜ್ಞಾನ ಚಯಾಪಚಯ ವಿಕಾರ ಅನುಸಂಧಾನ ಸಂಸ್ಥಾನ, ಬೆಂಗಳೂರು

REGIONAL AYURVEDA RESEARCH INSTITUTE FOR METABOLIC DISORDERS, BENGALURU
(Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India)

ವೈದ್ಯಕೀಯ ಸಂಶೋಧನಾ ಘಟಕ ಮತ್ತು ಆಸ್ಪತ್ರೆ - ನೈದಾನಿಕ ಅನುಸಂಧಾನ ಇಕಾಓ ಎಂ ಆಸ್ಪತ್ರೆ - CLINICAL RESEARCH UNIT & HOSPITAL

ಮೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / ಬಾಹ್ಯ ರೂಗಣ ಕ್ರಮಾಂಕ / OPD Case Sheet

ಬಾಹ್ಯ ರೂಗಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11 Jan 23

ನಾಮ / Name : Gowthami

Date of Birth:

Sex M / F - Age 20y 8

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried

ಪತಾ / Address

ಫೋನ್ ನಂ / Phone No

ಧರ್ಮ / Religion व्यवसाय / Occupation शिक्षण / Education वार्षिक आय / Income

ವ್ಯಾಧಿ ವಿನಿಶ್ಚಯ / Diagnosis परिणाम / Result

ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ಚಿಕಿತ್ಸಾ Treatment	ಟಿಪ್ಪಣಿ Remarks
	A - Good S - Disturbed M - Regular B - Regular Regular Period No health Complaints.	① Suta sekara Rati (B/F) 1-1-1 x 30 days Daily	

[Signature]
PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.



ಭಾರತ ಸರ್ಕಾರ ಭಾರತ ಸರ್ಕಾರ Govt. of India



ಪ್ರಾದೇಶಿಕ ಆಯುರ್ವೇದ ಚಯಾಪಚಯ ರೋಗಗಳ ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ, ಬೆಂಗಳೂರು
क्षेत्रीय आयुर्विदीय चयापचय विकार अनुसंधान संस्थान, बेंगलूरु
REGIONAL AYURVEDA RESEARCH INSTITUTE FOR METABOLIC DISORDERS, BENGALURU
(Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India)

ವೈದ್ಯಕೀಯ ಸಂಶೋಧನಾ ಘಟಕ ಮತ್ತು ಆಸ್ಪತ್ರೆ - ನೈದಾನಿಕ ಅನುಸಂಧಾನ ಇಕಾರ್ಡ್ ಎಂ ಅಸ್ಪತ್ರೆ - CLINICAL RESEARCH UNIT & HOSPITAL

ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / ಬಾಹ್ಯ ರುಗಣ ಕ್ರಮಾಂಕ / OPD Case Sheet

ಬಾಹ್ಯ ರುಗಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11/1/23

ನಾಮ / Name : Sneha B

Date of Birth:

Sex M / F - Age 19y / F

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried ಪತಾ / Address

ಫೋನ್ ನಂ / Phone No

ಧರ್ಮ / Religion ವ್ಯವಸಾಯ / Occupation ಶಿಕ್ಷಣ / Education ವಾರ್ಷಿಕ ಆದಾಯ / Income

ವ್ಯಾಧಿ ವಿನಿಶ್ಚಯ / Diagnosis ಪರಿಣಾಮ / Result

ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ಚಿಕಿತ್ಸಾ Treatment	ಟಿಪ್ಪಣಿ Remarks
	B 3 Regular A- Good S- Good Hb- 9.9 mg/dl Hb- Decreased weight MC- Regular	① -A. V vadi (A/F) (1-0-1) ② Phat's Loha (B/F) (1-0-1)	

[Signature]
PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.



ಧಾರಣೆ ಸರ್ಕಾರ ಭಾರತ ಸರ್ಕಾರ Govt. of India



ಪ್ರಾದೇಶಿಕ ಆಯುರ್ವೇದ ಚರ್ಯಾಪಚಯ ರೋಗಗಳ ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ, ಬೆಂಗಳೂರು
ಕೇಂದ್ರೀಯ ಆಯುರ್ವೇದೀಯ ಚರ್ಯಾಪಚಯ ವಿಕಾರ ಅನುಸಂಧಾನ ಸಂಸ್ಥಾನ, ಬೆಂಗಳೂರು

REGIONAL AYURVEDA RESEARCH INSTITUTE FOR METABOLIC DISORDERS, BENGALURU
(Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India)

ವೈದ್ಯಕೀಯ ಸಂಶೋಧನಾ ಘಟಕ ಮತ್ತು ಆಸ್ಪತ್ರೆ - ನೈದಾನಿಕ ಅನುಸಂಧಾನ ಇಕಾರ್ಡ್ ಎಂ ಅಸ್ಪತ್ರೆ - CLINICAL RESEARCH UNIT & HOSPITAL
ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / ಬಾಹ್ಯ ರೂಗಣ ಕ್ರಮಾಂಕ / OPD Case Sheet

ಬಾಹ್ಯ ರೂಗಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11 Jan 23

ನಾಮ / Name : Sushmita

Date of Birth:

Sex M / F - Age 19y F.

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried

ಪತ್ತಾ / Address

ಫೋನ್ ನಂ / Phone No

ಧರ್ಮ / Religion

ವ್ಯವಸಾಯ / Occupation

ಶಿಕ್ಷಣ / Education

ವಾರ್ಷಿಕ ಆದಾಯ / Income

ವ್ಯಾಧಿ ವಿವರ / Diagnosis

ಪರಿಣಾಮ / Result

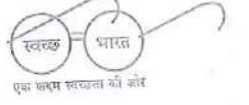
ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ವಿಕಿರ್ಮ Treatment	ಟಿಪ್ಪಣಿ Remarks
	10 irregular Period B- Regular M- Regular A- Good S- Sleep. HPb-	① Dhatni lha (AFF) 1-0-1 ② A.V. Vata (AFF) 1-1-1 x 15 days sharply	

[Signature]
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APD College of Arts & Science
N.R. Colony, Bangalore-560 019.



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ಪ್ರಾದೇಶಿಕ ಆಯುರ್ವೇದ ಚಯಾಪಚಯ ರೋಗಗಳ ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ, ಬೆಂಗಳೂರು
क्षेत्रीय आयुर्विदीय चयापचय विकार अनुसंधान संस्थान, बेंगलूरु

REGIONAL AYURVEDA RESEARCH INSTITUTE FOR METABOLIC DISORDERS, BENGALURU
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ವೈದ್ಯಕೀಯ ಸಂಶೋಧನಾ ಘಟಕ ಮತ್ತು ಆಸ್ಪತ್ರೆ - ನೈದಾನಿಕ ಅನುಸಂಧಾನ ಇಕಾರ್ಡ್ ಎಂ ಅಸ್ಪತಾಲ - CLINICAL RESEARCH UNIT & HOSPITAL

ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / ಬಾಹ್ಯ ರುಗುಣ ಕ್ರಮಾಂಕ / OPD Case Sheet

ಬಾಹ್ಯ ರುಗುಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11/11/23

ನಾಮ / Name : Harshitha

Date of Birth:

Sex M / F - Age 19/F

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried

ಪತಾ / Address

ಫೋನ್ ನಂ / Phone No 8088343488

ಧರ್ಮ / Religion ವ್ಯವಸಾಯ / Occupation ಶಿಕ್ಷಣ / Education ವಾರ್ಷಿಕ ಆದಾಯ / Income

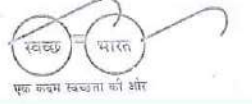
ವ್ಯಾಧಿ ವಿನಿಶ್ಚಯ / Diagnosis ಪರಿಣಾಮ / Result Astava dushti

ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ಚಿಕಿತ್ಸಾ Treatment	ಟಿಪ್ಪಣಿ Remarks
	Clb irregular menstruation 7/11/22 MC - 15 days 2-3 months B S M A } (R)	Adr. ① Nishamalaki 2-0-2 B/F ② Lashunadi Vati 1-0-1 A/F 15 days (R)	


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ಪ್ರಾದೇಶಿಕ ಆಯುರ್ವೇದ ಚಯಾಪಚಯ ರೋಗಗಳ ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ, ಬೆಂಗಳೂರು
ಕ್ಷೇತ್ರೀಯ ಆಯುರ್ವಿಜ್ಞಾನ ಚಯಾಪಚಯ ವಿಕಾರ ಅನುಸಂಧಾನ ಸಂಸ್ಥಾನ, ಬೆಂಗಳೂರು

REGIONAL AYURVEDA RESEARCH INSTITUTE FOR METABOLIC DISORDERS, BENGALURU
(Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India)

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ಬಾಹ್ಯ ರುಗುಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11/11/23

ನಾಮ / Name : Shamesha

Date of Birth :

Sex M / F - Age 19/F

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried

ಪತಾ / Address

ಫೋನ್ ನಂ / Phone No 95 380 92805

ಧರ್ಮ / Religion ವ್ಯವಸಾಯ / Occupation ಶಿಕ್ಷಣ / Education ವಾರ್ಷಿಕ ಆದಾಯ / Income

ವ್ಯಾಧಿ ವಿನಿಶ್ಚಯ / Diagnosis ಪರಿಣಾಮ / Result Pitha Jwara

ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ಚಿಕಿತ್ಸಾ Treatment	ಟಿಪ್ಪಣಿ Remarks
	40 mouth ulcer, generalized body ache B } S } (R) M } A }	① Gandhaka Vati 1-0-1 ALF ② Shiroshula Vajra Rasa 1-0-1 ALF ③ MYG 1-0-1 ALF 15 days <i>Beifu</i> PRINCIPAL APS College of Arts & Science N.R. Colony, Bangalore-560 019.	



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Acharya Pathasala College of Arts and Science

N.R. Colony, Bengaluru -560019.

Affiliated to Bengaluru City University, NAAC Re-accredited - B+ Grade



**An IQAC Initiative
Health Club Organizes**

Health & Eye Check-up Camp

Bangalore Spandana

Rotary

District 3191



In Association with

Fortis Hospital

Milann Fertility Centre

Shekar Eye Hospital

Chief Guests

Prof. K.P. Narasimha Murthy

Hon. President, APSET

Rtn. Ravichandran K S

Asst. Governor

Rtn. Arun Selvaraj

President

Rtn. Sarvanan

Secretary

Rtn. Srinivas K

Community Service Director

In Presence of

C.A. Dr. Vishnu Bharath A.S

Vice President, APSET

Sri K. S. Akhilesh Babu

Treasurer, APSET

Sri P. Krishna Swamy

Joint Secretary, APSET

CA. A.P. Acharya

Hon. Life Trustee & Mentor, APSET

Sri K. Mohan Dev Alva

Vice President, APSET

Sri. A.R. Acharya

General Secretary, APSET

Prof. A. Prakash

Joint Secretary, APSET

Sri A. Muralidhara

Chairman, Governing Council, APSAS

On Wednesday, 12th July 2023, Time: 10.00 am

Mrs. Divya. P

Convener

Health Club

Mrs. Vasanti K

IQAC Coordinator

Dr. B. Jayashree

Principal

All Are Invited

Staff & Students



Telephone: 080-26603192
M: 9448205900

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

NAAC Accredited - B+

Email: apscollegeofartsscience@gmail.com

No. APS/A&S/ 127/2023-24

Date: 10.07.2023

Circular

A meeting of the Health Club is convened today at 3:00 pm to discuss the following agenda.

1. Health Checkup camp to be held on 12-07-2023

Divya-p
Convener, Health Club

Beys
Principal
PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019

① *[Signature]*

② *[Signature]*

③ *[Signature]*

④ *[Signature]*



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Narasimharaja Colony, Bangalore –560 019.

Website: apscollegeofartsandscience.com Email: apscollegeofartsscience@gmail.com

No. APSAS / 112 / 2023-2024

Date: 03-07-2023.

To,
The President,
R B, Spandana
Bangalore

Respected Sir,

Subject: Regarding general Health Check-up for students and faculty

**Reference: Rtn. Mr. Srinivasan, Community Service Director, Rotary
Bengaluru –Spandana.**

With reference to the above cited subject, I would like to bring it to your kind information that, APS college of Arts and Science is one of the premier institution serving in the field of education to the economically weaker sections of the society. It's a co-education undergraduate and post graduate college.

As a matter of practice, health club APSAS, regularly organizes health check up for our students especially girl students. This year we would like to extend to boys and faculty also. In this connection I request you to arrange general health checkup like eye checkup, BP, Gynec, HB etc... for our students and faculty preferably on 12-07-2023 at 9:30 am in our college campus. The number of students expected to make use of this facility is 200 and staff around 50 members. Out of which 50 % are female and 50% will be male.

As proposed by Rtn. Mr. Srivinasan, we hope that you will make arrangements from Fortis Bengaluru for general health checkup and Shekar Eye Hospital for Eye Checkup.

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APS College of Arts & Science
N.R. Colony, Bangalore-560 019,

ACHARYA PATHASALA COLLEGE OF ARTS AND SCIENCE
N.R. COLONY, BANGALORE.

Report on Health Check up

Health Club of our College organised Free Health and Eye Check up camp for students and staff on 12-07-2023 in association with Bangalore spandana rotary, Fortis Hospital, Shekhar Eye Hospital and Milaan Fertility Center. It was an IQAC initiative. The dignitaries present were Rtn. Ravichandran K S , Asst. Governor, Rtn. Arun Selvaraj , President , Rtn. Srinivas K, Community Service Director and Prof K P Narasimha Murthy, President APSET and Dr B. Jayashree, Principal.

OBJECTIVES:

- ❖ To make students and staff to know basic health parameters, their vision power and their health status.
- ❖ To address many of the issues related to periods of girl students and lady staff.
- ❖ To raise awareness about taking care of one's vision.

Principal in her address said health check up is best practice of our college, we organize health check up twice in a year for girl students but this time we have included boys & staff also.

The test included identifying Blood group, checking BP and Sugar levels, Body weight and Eye checkup.

Many students were found to be under weight (as per their height) and some had vision related issues. Doctors suggested basic remedies and advised students to take follow up action by visiting the hospitals, where they would be provided health services free of cost.

Over 200 Students and 50 Staff underwent the Health and Eye check up.

OUTCOME:

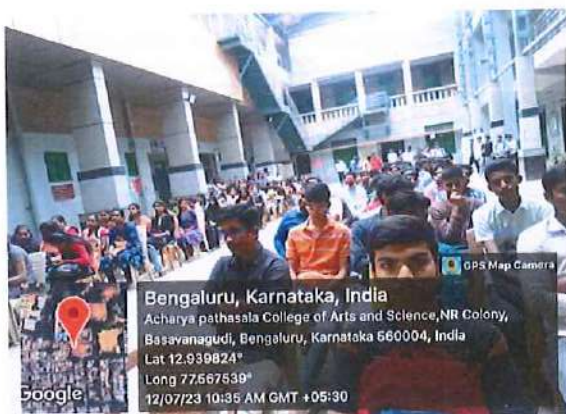
- ❖ This programme has helped in raising awareness among students about the importance of maintaining good health.
- ❖ It helps in community health knowledge and prevents spreading of contagious disease


CONVENOR


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N.R. Colony, Bangalore-560 019.

Health Check up on 12.07.2023



Santhi
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Registration Form

12-7-2023

Health Checkup for Faculties

Sl. No.	Name of the Faculty	Designation	Signature
1.	Easappa	Staff	Easappa K.
2.	Shankar Lal	—	Shankar Lal
3.	Gayathri. S.C	Asst. prof	Gayathri
4.	Gandesh. F	Security In	Gandesh
5.	Vidya. S.G.	Dept of Chemistry	Vidya
6.	Usha. D.	Dept of English	Usha
7.	Sahana Sree	Dept of Economics	Sahana
8.	Bhagyee. C.	Parents	Bhagyee
9.	Shilpa B.B.	Parents	Shilpa B.B.
10.	Shanthi. B.	Assistant Prof Dept of Economics	Shanthi
11.	Vishalakshi. M.	Asst. prof. Economics	Vishalakshi
12.	Chandrakala. V	Asst. prof Dept of Psychology	Chandrakala V 12/7/23
13.	Radhika K	Staff	Radhika K
14.	Veena. S.	Staff	Veena. S.
15.	Geetha	Staff	Geetha
16.	Rajamma.	Staff	Rajamma
17.	Malajamma	Staff.	Malajamma
18.	Roopa.	Staff.	Roopa
19.	Divya. P	Assistant Professor	Divya. P
20.	Jyothi T-P	Assistant professor	Jyothi
21.	Ananta. RJ	APS-T	Ananta
22.	S. Sherranur	APST	S. Sherranur
23.	Maniswamy. m.	APS-T	Maniswamy. m.
24.	Suma. P.	office.	Suma. P.
25.	Sushula	office	Sushula
26.	Swabhi KR	Assistant Professor for chemistry	Swabhi KR
27.	Rukmani	Staff	Rukmani
28.	Pooema.	Staff.	Pooema
29.	Vasanthi K	Staff	Vasanthi K

Boys.

Telephone: 080-26603192



Acharya Pathasala College of Arts & Science

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12-7-2023.

Registration Form

Health Checkup for Boys Student

Sl. No.	Name of the Student	Course	Signature
1	Athiq Ur Rahman	I BCA	Athiq
2	Anup. A Jannu	I BCA	Anup
3	Bhuvan Suresh	I BCA	Bhuvan Suresh
4	Pragwal. K	I BCA	Pragwal
5	Rohan C. U	I BA [EP]	Rohan
6	Diwakar. H	I BCA	Diwakar. H
7	Dilip. V	I BCA	Dilip. V
8	Sudeep. N	III BA	Sudeep
9	Rakshith R	I BCA	Rakshith R
10	Gagan Gowda H.M	I BCA	Gagan Gowda H.M
11	Rahul. N	I BA	Rahul
12	Nagaraj	I BA	Nagaraj
13	Darshan. B	I BCA	Darshan
14	Devaraj. S	I BA	Devaraj
15	Nithin. V	I BCA	Nithin. V
16	Shanada. T	I MA	Shanada
17	Shwetha. G	I MA	Shwetha
18	Shalini. N	I MA	Shalini
19	Sombhagya. M	II MA	Sombhagya
20	Vaasun Kumar B. G.	II sem BCA	Vaasun Kumar
21	Pinku Kumar R	III year B.A	Pinku Kumar
	Vinutha. N	III year BA	Vinutha. N
	Harshini C	IV year BA	Harshini
	Shandy Thomas	VI sem BA	Shandy
	Aleeraj. R	VI sem BA	Aleeraj. R
	Renuka. B	III	
22	Sreelax CM	II sem BCA	Sreelax
23	Pooja chandru	II sem BCA	Pooja
24	Sathish. P	II sem BCA	Sathish
25	Abhinav. N	II sem BCA	Abhinav
26	Pragwal. C	II sem BCA	Pragwal. C



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Registration Form

Health Checkup for Boys Student

Sl. No.	Name of the Student	Course	Signature
27	Sajeed ulla	B.B.A	Sajeed ulla
28	Manoj. G	I st B.C.A	Manoj. G.
29	Syed Zaman	I st B.C.A	Syed Zaman
30	Vignesh	I st B.C.A	Vignesh
31	Nithin kaulhok	I st B.A	Nithin
32	Veeresh. S	II nd year B.A	Veeresh
33	Ramraj. S	III rd year B.A	Ramraj
34	Nagaraj. H	II nd Year BA	Nagaraj. H
35	Ramu	I st Year BA	Ramu
36	Sachin. B	2 nd year BA	Sachin
37	N. Dharmendra	II BA	N. Dharmendra
38	Vijay nandana	II BA	Vijay nandana
39	Nandan kumar	II BA	Nandan kumar
40	Suryan	II BA	Suryan
41	Anithkumar. M	II BA (H.K.)	Anithkumar. M
42	Shivakumar. B.N	II BA (H.K.)	Shivakumar. B.N
43	Benaka. B.S	II Sem BCA I st yr	Benaka. B.S
44	Manish. M	II BCA	Manish. M
45	ABHISHEK. G	I st B.C.A	Abhishek. G
46	SANTOSH NAYAK	II nd BCA	Santosh. N
47	NITHIN	I st B.C.A	Nithin
48	Ramachandra Samarth	I st B.C.A	Ramachandra
49	Samant. D.N	3 rd BCA	Samant. D.N
50	Shankar. K	" "	Shankar. K
51	Varun	" "	Varun
52	Uday. A	II BA	Uday. A
53	Srinivas M	II BA	Srinivas M
54	Arun. M	II BCA	Arun. M
55	Saiya Saba	II BSc	Saiya Saba
5	Jyoti Verma	II BSc	Jyoti Verma



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Registration Form

Health Checkup for Boys Student

Sl. No.	Name of the Student	Course	Signature
56	R. Akash	B.C.A 1 year	R. Akash
57	Bharath K.S	BSC final year	Bharath K.S
58	Chandu. M.K	BSC final year	Chandu. M.K
59	Vaibhav Powar	BSC 1st year	Vaibhav Powar
60	Chandana Shekar	BA I year	Chandana Shekar
61	Anirudh. G.R.	BA II sem	Anirudh. G.R.
62	Siddhant. S.	BSC final year	Siddhant. S.
63	Prerith. B	B.Sc. VI SEM	Prerith. B
64	Akhish. S	I.A.A	Akhish. S
65	Ganesh. J	Stoff	Ganesh. J
66	Harthik	BCA 1st year	Harthik
67	Chandrashekar	BA VI year	Chandrashekar
68	Sunilkumar	BA VI year	Sunilkumar
69	Mohammad Ayaz	BCA VI sem	Mohammad Ayaz
70	Bipin Kumar	BBA II sem	Bipin Kumar
71	Varun. K	BCA II sem	Varun. K
72	Vikram S.	BA II sem	Vikram S.
73	Kishan Kumar	BA I sem	Kishan Kumar
74	Ajay. M	II PU SEBA	Ajay. M
75	Sevan. M	II PU HEBA	Sevan. M
76	Benjamin. M	II PUC SEBA	Benjamin. M
77	Naveen. S	II PUC HEBA	Naveen. S
78	Varun. M.O	II PUC SEBA	Varun. M.O
79	Bhuvan. B.J	II PUC SEBA	Bhuvan. B.J
80	Suresh. B	II PUC HEBA	Suresh. B
81	Pradeep. H	II PUC HEBA	Pradeep. H
82	Harish. G	II PUC HEBA	Harish. G
83	Muthan. Kumar. S.	Ist B. A	Muthan. Kumar. S.
84	Rohith. R	II PUC SEBA	Rohith. R
85	Abhishek	II BSC (PM)	Abhishek

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Girls

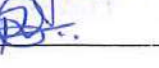
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Health Check up for Girl Students

Name of the programme : Health Check Up

Date: 11.07.2023

Sl. No.	Name of the Student	Course	Signature
1.	Apoorva K.P	BSC	Apoorva K.P
2.	Sree Vidya.V	B.A	Sree vidya.V
3.	Shalini.N	BCA	Shalini.V
4.	Anusha.G	BA	Anusha
5.	Annapoorna.L	BA	Annapoorna.L
6.	Shwetha.N	BA	Shwetha.N
7.	Kixana.B	BCA	
8.	Jahnavi.G	BCA	Jahnavi.G.
9.	Theerthi. N.S	BCA	Theerthi.N.S
10.	Sanjana.B	BA	Sanjana.S
11.	Sahana.B	BCA	Sahana.S
12.	Devika.S	BCA	Devika.S
13.	Madhuri.P	IBA	Madhuri.P
14.	Neha.R	III rd year BA	Neha
15.	Pinky Kumari	IV th year BA	Pinky kum
16.	Sangeetha.M	IBA	Sangeetha.M
17.	Divya Shree	IBA	Divya Shree
18.	Sharada.T	IBA	
19.	Shwetha.G	IMA	
20.	Shelini.V	IMA	
21.	Jyothi.S	III rd year BA	
22.	Mahasa.T	2 nd Sem BCA	Mahasa
23.	Anusha M.N	1 st Sem BCA	Anusha
24.	Deepa.V	III rd year BA	
25.	Monisha.M.K	1 st yr BSC	Monisha.M
26.	Pooja.S	1 st yr B.Sc	Pooja
27.	R.Naghashree	II nd sem BCA	Naghashree.R
28.	Pooja.R	III rd Sem BSC	

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Health Checkup for Girls Student

Sl. No.	Name of the Student	Course	Signature
64	Manjamma	Staff	Manjamma
64	Suganthi B.T	BCA	Suganthi
65	Neeja R	III rd year BA	Neeja
66	Yashasika G	4 th sem BCA	Yashasika G
67	Anusha M	4 th sem BCA	Anusha M
68	Deeksha S	4 th sem BCA	Deeksha S
69	Poothi E	4 th sem BCA	Poothi
70	Kanyashree C	4 th sem BCA	Kanyashree C
71	Annapoorneshwari	BCA	Ann
72	Varantia P. R	BCA	Varantia P. R
73	Poothi R	BSC 4 th sem (CB)	Poothi R
74	Hareesh M	BSC 4 th sem (CB)	Hareesh M
75	Dharani B	B.com	Dharani B
76	Poothi V	B.com	Poothi V
77	Susha T G	B.com	Susha T. G
78	Kangothi D	B.com	Kangothi D



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Website: apsartsandscience.org Email: apscollegeofartsscience@gmail.com

Health Checkup for Faculties Feed Back Form

12-07-2023

Sl. No.	Name of the Student	Feedback	Signature
1)	M S O S S S S S	good	M S
2)	Usha. D.	not up to the level	U
3)	Sahana B.	Requirement of Hb	S
4)	S S S S S S	good	S
5)	Vidya. S. G.	Good.	Vidya
6)	V S S S S S		
7)	V S S S S S		
8)	Harshittha. S	Helpful & Nice pgm	Harshittha
9)	Gayathri	Good	G
10)	Rukmini	Excellent	R
11)	Preema	Good	P
12)	Vishalakshi. M. N.	Good.	V
13)	Chandrabala. V	Better	Chandrabala V 12/7/23
14)	Varanti. K	Very Useful	V
15)	Sushila	Very Good	Sushila
16)	Suma. P.	Very Good	Suma. P.
17)	Kantharaj. H.	Helpful & V. Good	Kantharaj. H.
18)	Chandramouli	very good	C
19)	S S S S S S	very good	S S S S S S
20)	S S S S S S	very good	S S S S S S
21)	S S S S S S		
22)	S S S S S S	good	S
23)	Roopa		Roopa
24)	S S S S S S		S S S S S S
25)	Shanthi. B.	Excellent work	Shanthi

Girls

Acharya Pathasala College of Arts & Science

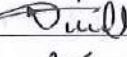
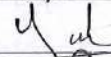
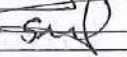
Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

Feed Back

Name of the programme : Health Check Up

Date: 11.07.2023

Sl. No.	Name of the Student	Feed Back	Signature
01	Kirana .B	Good	
02	Jahnavi .G	Good	Jahnavi .G
03	Shwetha .N	Better	Shwetha .N
4	Shalini .V	Better	Shalini .V
5	Rajana .G	Good	
6	Neha .R	Good	Neha .R
7	Divyashree	Good	Divyashree
8	Madhuri .P	Good	Madhuri .P
9	Shorada .T	Good	
10	Shwetha .G	Better	
11	Shalini .N	Better	
12	Sree Vidya .X	Good	Sree Vidya .V
13	Kavari .N	Good	Kavari .N
14	Sumera MC	Excellent	Sumera .
15	Poomina .M	"	
16	Soubhagya .M	Good	
17	Souradaya .S	Good	Souradaya .S
18	Nalini .G	Good	Nalini .G
19	Sindhu .M	Good	
20	Harshini .C	Very Good	
21	Vinutha .M	Good	
22	Neeraja .R	Good	Neeraja .R
23	YASHASWINI .L	Good	
24	Greetha .S	Very good.	
25	Annapoorana .L	Good	Annapoorana .L
26	Anusha .G	Good	Anusha
27	Pinki Kumari .R	Good	Pinki Kumari .R
28	Shandy Thomas	Very Good	Shandy

Narasimharaja Colony, Bangalore -560 019.

Date: 11.01.2023

[illegible]

Boys

Telephone: 080-26603192



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Website: apsartsandscience.org Email: apscollegeofartsscience@gmail.com

Health Checkup for Boys Students Feed Back Form

Sl. No.	Name of the Student	Feedback	Signature
1)	Abdul Kalam		
2)	Athiq, us Rahman	good and amazing experience	
3)	Veeresh. S	good	
4)	Anup. A. Jannu	good	
5)	Krajmal. K Gonda	good	
6)	Bhuvan Suresh	good	
7)	Rohan C. U	good	
8)	Rakshith R	good	
9)	Diwakar. H	good	
10.	Dilip. V	good	
11.	Rahul. V	good	
12	Bhaganbawda H. M	good	
13.	Devaraja. S	good	
14.	Varun Kumar B. S	Good	
15	Nogoraj	Good	
16	Darshan. B	Good	
17	Nithin. V	Good	
18	Pooja	Good	
19	Abhinav. A	Good	
20)	Harish. M	Good	
21	Abhinav. G	excellent	
22	Benaka B. S	Good	
23	Santhosh Naik	Good	
24	Simanth. D. N	Good	
25	Shashank. K	Good	
26	Vaasu. R	Good	
27	Sayedh Sufyan	Excellent	
28.	Nandan	Good	
29.	Ramu	Good	
30.	Vijay	Excellent	

Sl. No.	Name of the Student	Course	Signature
29	Poojima .P	H.K, B.A, Tigror	Poojima
30	Vidhaya Shree	H.K, B.A, Tigror	Vidhaya
31	Renuka .B	BA III year	Renuka
32	Syathi .N.	BA III year	Syathi
33	Madhee Shree	BA III year	Madhee
34	VASANTHA BAI .GR	BA I Year	Vasanth
35	Sandya .Y	BCA II sem BAI year	Sandya .Y
36	Poojima .M	2nd sem BCA	Poojima .M.
37	Harshitha .C	2nd sem B.A	Harshitha
38	Sahana N .S	4th sem B.A	Sahana
39	Shruthi	4th sem B.A	Shruthi
40	Ranjitha	4th sem B.A	Ranjitha
41	Sindhu .H -	IV B.A (HEK)	Sindhu H
42	Bhavana	" "	Bhavana
43	Sathya .Y	" "	Sathya
44	Tanuja .H	II SEM BCA	Tanuja H
45	Pooja .V	IV Sem BA	Pooja
46	Sandhya .V	IV Sem BA	Sandhya
47	Niveditha .M	IV Sem BA	Niveditha
48	Nirosha .Y	IV Sem BA	Nirosha
49	Charalatha .M	IV Sem BA	Charalatha
50	Pallavi .A	2nd sem BCA	Pallavi
51	Prakruthi .P	2nd sem BCA	Prakruthi
52	Diana .K	2nd yr B.Sc	Diana
53	Vasundhara .P	2nd yr B.Sc	Vasundhara .P
54	Saniya Saba	2nd year BSc	Saniya
55	Jyothi Verma	2nd year BSc	Jyothi
56	Hemavathi .R	2nd year B.A (HEK)	Hemavathi
57	Aishwarya .G	1st year BA (HEK)	Aishwarya .G
58	Suritha .S	1st year BA (HEK)	Suritha .S.
59	M. Muskan	Final year BSc (CBZ)	M. Muskan
60	Sumera MC	Final year BSc (PCN)	Sumera
61	Summitha .S	Final year BSc (CBZ)	Summitha .S
62	Geetha .	Final year BSc (CBZ)	Geetha
63	Aishwarya .R	III B.Sc (PCN)	Aishwarya .R

Sl. No.	Name of the Student	Feed Back	Signature
29	Saniya Saba	Good	
30	Sumitha S	Good	
31	Syothi Verma	Useful	
32	Sangeetha M	Good	
33	Vasundhara P	Good	
34	Diana K	Useful	
35	Monisha N.K	Helpful	
36	Pooja S	Good	
37	Sumitha S	Good	
38	Vasanth Bai C. R	Good	
39	Tanya Tanuja H	Good	
40	Pallavi A	Better	
41	Prakruthi P	Good	
42	Aishwarya G	Good	
43	Sandya Y	Good	
44	Poornima M	Good	
45	Manasa K	Good	
46	Anusha M.N		
47	R. Meghashree	Good	
48	Shilpa M	Useful	
49	Harsitha V	Good	
50	Pooja R	OK	
51	POORNIMA P	Good	
52	Vidhaya Shree	Good	
53	Deeksha S	Good	
54	Prasanthi C	Good	
55	Annapoorneshwari L	Good	
56	Pritya K	Good	
57	Thaiveni N. S	Useful	
58	Sanjana S	Good	
59	Sindhu H	Useful	
60	Kuruma M	Super	
61	Kavyashree M	Good	
62	Suchithra S	Good	
63	Lusheela Bai	Good	

Sl. No.	Name of the Student	Feedback	Signature
31.	Dharmendra	Good	Dharmendra
32.	Prinival M	Good	Prinival M
33	Uday A	Good	Uday A
34	Sajeed ulha	Good	Sajeed ulha
35	Syed Zaman	Good	Zaman
36	Aniruddh G.R.	Good	Aniruddh G.R.
37	Nishant S	Good	Nishant S
38	Manoj-G	Good	Manoj-G
39	Nikhil Kausik	Good	Nikhil Kausik
40	Sreedhar CM	Good	Sreedhar CM
41)	Vaibhav Powar	Excellent	Vaibhav Powar
42	Pragwal. C	Good	Pragwal. C
43	Amith Kumar M	Good	Amith Kumar M
44	Sachin. R	Good	Sachin. R
45	Shirattungr B	Good	Shirattungr B
46	Shashank R	Good	Shashank R
47	Tagadish	Good	Tagadish
48	Abhishek. S	Good	Abhishek. S
49	Pujith	Good	Pujith
50	Chandu M.1c	Good	Chandu M.1c
51	Ramachandra Samant	Like it	Ramachandra Samant
52	R.AKash	Good	R.AKash
53	Sathish. P	Good	Sathish. P
54	Ayaz	Good	Ayaz
55	Bipin	Good	Bipin
56	Sudheep. N	Good	Sudheep. N
57	Vilcrum S.	Better	Vilcrum S.
58	Abhishek G. P	Good	Abhishek G. P
59	Abhishek G. P	Excellent	Abhishek G. P